



Frequently asked questions for our training

You probably have a number of questions about the training you would like to do. Below are some frequently asked questions to help you decide which course to do and what you need to know for your training!

What course should I start on?

The experience of our training participants ranges from zero experience (wanting to start at the beginning), to those who have extensive experience and would now like to gain a internationally recognised qualification in sailing. For each of our courses on our 'Sailing Courses' page on our website, please look at the 'Pre course experience', 'Assumed knowledge' and 'Course content' to decide which course you think you are ready for.

What do I need to do to get started?

- Choose the course you would like to do based on your current experience and knowledge.
- Fill out the 'Course Booking Form', the link to which is at the bottom of each of the course pages.
- After receiving your booking form, a team member from B-52 will then be in touch to ensure you have the right course, and to discuss dates. Decide whether you are doing an intensive course (5 days straight) or over weekends.
- You will then receive some paperwork via email, and an invoice, which when all sent back and paid will have you booked into your sail training!

What do I need to bring?

- A cap/hat that won't blow off in the wind
- Sunglasses
- Sunscreen
- A refillable water bottle (there will be water supplied)
- Wet weather gear

- White-soled shoes such as trainers but no black soles please, as they mark the deck. No thongs.
- A pad and pen to take notes for your training
- If staying on the boat for an intensive course (places limited – to be booked prior), please bring the following:
 - A change of clothes for each day you are on the water and clothes for sleeping
 - Toiletries
 - Sleeping bag (or doona), sheet and pillow
- Food and drinks for the duration of your course *unless* you are doing the Competent Crew course, Sail Cruising Day Skipper course or the Sail Cruising Coastal Skipper course, in which case B-52 supplies snacks, lunch and drinks for these 3 courses only.

Training on the water

We will do what we can to make you comfortable however when doing your training on the water, travel sickness tablets like Kwells and Travel Calm seem to be the best if you are prone to sea sickness or unsure.

Alcohol

You are welcome to bring drinks for the evenings if staying on board however there will be no consumption of alcohol whilst training.

